

President's Message

Arlene Goodman - President (702) 228-6362, arlvegas@aol.com



Well, it has been great to “**rest**” after the High Holidays. I want to thank everyone who participated in the Services. I especially want to thank Moreh Alan Spector for all his hard work, Cantor Marla Goldberg for a fantastic job, Timothy Cooper for his nimble fingers and great direction of our magnificent choir and all the choir members for their stamina. A special thank you to Alex Kuechel for his outstanding solo. **Thank you all.**

It may seem that the services are smooth and easy. Well, they are not. It takes over three months to prepare, co-ordinate and when the day comes, there are glitches that are handled "on the fly."

Thank you to the people you don't see on the Bimah like Nadine Carter, David Kandel, Gladys London, Sue Schweitzer, Elayne Tessler and Darlene Vaturi... jobs well done.

Thank you to the members and friends of Bet Knesset Bamidbar.

Wishing you all a very Healthy and Happy Year.

Arlene Goodman
President

Ritual

David Altman, (702) 513-9928, excutr@aol.com

Readings from the Torah on Sukkoth:

When you reap the harvest of your land, you must not fully reap the corner of your field during harvesting, nor may you gather up the gleaning of your harvest. You must leave them for the poor.

By this, the Lord God has preserved the dignity of the poor by allowing them to have a bit of bread without having to beg for it. Ah, the beauty of our Torah.



Moreh Alan Spector

(847)-558-5423, msatbkb@gmail.com



OUR BKB COMMUNITY

BKB just celebrated the High Holidays and Sukkot. Our Rosh Hashana and Yom Kippur/Yizkor services were meaningful and spiritual, and our Sukkot celebration, in our Sukkah, was just wonderful. There is a huge difference between just observing Shabbat and Holidays AND CELEBRATING at BKB with our warm, welcoming and joyful community. Being all together and joining our voices and spirits magnifies all our observances and special events. You are most welcome at all BKB events, our Sisterhood and Men's Clubs, and special dinners, outings, etc. We hope to see you soon and often.

Our sages understood the value of praying in a community; thus a "minyan" is 10 or more Jews which allows certain very important prayers to be said. Celebrating with friends is better for several reasons — emotional, psychological, and even physical:

1. Shared joy deepens connection

When you celebrate with friends, the happiness is multiplied. Psychologists call this "capitalizing" — sharing good news or joy with others increases your own positive feelings and strengthens bonds.

2. It reinforces belonging

Humans are social creatures. Celebrations remind us that we're part of something larger — a circle that accepts and enjoys us. That sense of belonging boosts self-esteem and reduces loneliness or isolation.

3. Emotional regulation

Being around supportive friends helps balance emotions. Even if a celebration brings up mixed feelings (like nostalgia or stress), friends help keep things grounded, light, and warm.

4. It improves physical health

Believe it or not, social celebrations triggers the release of oxytocin (the bonding hormone) and lowers cortisol (the stress hormone). Studies show that people with strong social ties live longer and recover faster from illness.

Why Jews Pray in a Minyan

A minyan (מניין) is a quorum of ten Jewish adults required for certain prayers and rituals. The idea goes far beyond numbers — it's about community, holiness, and presence.

Here's the deeper meaning:

1. God's Presence Dwells in Community

A minyan transforms ordinary prayer into public, sanctified worship — something bigger than any one person's words.

2. Judaism is communal, not solitary

Judaism sees spirituality as something shared. A minyan reminds us that we grow spiritually with others — not apart from them.

3. Certain prayers require a minyan

Some key parts of the service — called holy matters — can only be said with a minyan: Kaddish, Barchu, Kedushah, and Reading from the Torah. These are prayers of public sanctification, meant to echo in the shared voice of a people.

4. It teaches interdependence

By needing others to complete the minyan, each person becomes needed.

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5. It mirrors the covenant

The minyan reflects the covenantal nature of Judaism — ten Jews representing the community of Israel, echoing the ten righteous men Abraham sought for Sodom or the ten spies whose testimony affected the nation. It's a sacred "public threshold."

BKB is our very special "community" and it is even good for your health!

Blessings and Peace,
Moreh Alan

Men's Club

David Kandel, President, (949) 697-8162, zzdavidk@gmail.com

As President of the BKB Men's Club, I want to take this opportunity to thank our entire Men's Board for all the hard work they have put into making our Club Events so successful. I can tell you, we have put together upcoming events for the next six months that will be informative and entertaining, and I know you will want to be included.

For November 12th, we will meet for a Tour of the Maloof Classic Car Collection. History on Wheels.

On November 18th, we will have our monthly Club Breakfast at 9:30 AM at the Egg Works with our guest Speaker Mr. Luke McCarthy of the Clark County Firefighters Association.

On December 16th, our Breakfast guest will be Nat Tannenbaum from local CBS Channel 8. Back by popular demand!

And to top off the year, our Men's Club will partner up with our Sisterhood to put on a fabulous Chanukah Party.

So if you are a BKB member, you have a lot of exciting events to look forward to, with more to come!

David Kandel
BKB Men's Club President



Sisterhood

Vicki Socol, President (818) 399-7748, vicknvegas@aol.com



Dear Sisterhood,

The Jewish New Year has begun. With every season there are changes, exciting new activities, and a whole bunch of new challenges.

I'd like to thank all of the women committed to the BKB Sisterhood who have spent a few hours of their valuable time each month to help keep our group functioning. All the women in the congregation are special, but those who participate on the Sisterhood Board literally go "overboard" to bring all of us ladies together in interesting and creative ways.

If anyone reading this article has a few minutes to contribute, or to make suggestions for making our sisterhood even better, please let me know. Also, there presently are committee positions open for you to make your mark involving just an hour a month.

November

Our November general meeting date has been changed due to the Thanksgiving holiday. We will be meeting at Desert Vista on Wednesday, November 12th at 10 AM instead of November 26th. On that date, we will hold a special "Dessert Day" from the Board in appreciation of our Sisterhood members. We will not have our regular bagel breakfast. We will also be playing bingo and winners will receive a wrapped holiday gift. There will be no charge for one bingo card with the option of purchasing more. There will still be a \$5 activity fee at the door, and we will still hold our 50/50 drawing.

December

In December, on Tuesday, the 16th, by popular demand, Nate Tannenbaum from our local CBS Channel 8, will be the guest speaker at the Men's Club Egg Works Breakfast. Women will be invited. There is limited space for this event, so please see upcoming e-blasts for details. December 20th will be our fabulous, extra-special Hanukkah Dinner Party at Desert Vista with wonderful entertainment. Watch for flyers and e-blasts about details on this event.

Happy Holidays! See you soon.

Vicki Socol



Membership

Edith Einhorn, (702) 838-7267, eunicorn@cox.net



Please welcome new members: Gary Klein, Allen & Madeleine Klein, Marcy & Arthur Kulakow, Barry & Janet Hammer Goldman and Debbie Mallick & Richard Hurwitz.

It was great seeing so many of you at High Holiday services and the Break-the-Fast. I hope this year will be a good one for you and we'll see you at Shabbat services and other BKB events.

At the end of December, you will receive a reminder to renew your membership for 2026. It would be very appreciated if you pay your dues as soon as possible.

If you would like to pay by check, please fill out the membership form enclosed with your reminder or online. Make check payable to **BKB Membership** and send it to me at 10001 Woodhouse Dr, Las Vegas, NV 89134.

You can also pay your dues by credit card. Fill out the membership application on our website at www.bkblv.org.

If you are unsure how to navigate around our website, or if you have any questions about BKB and its membership benefits, please feel free to contact me.

Edith

Singles Group

Helene Orenstein, (702) 763-4117, BKBSingles@gmail.com



Membership in the BKB Singles Group is complementary with your BKB membership. It is open to all members who pay a single membership fee regardless of their social status, members who have lost a spouse or partner during the year, and members who are "socially single," i.e., their partner due to health or other reasons is unavailable to participate in social activities.

The goal of the BKB Singles Group is to provide a monthly entertaining social activity so that the Single and "Socially Single" members of BKB can get together to celebrate holidays, get to know each other, enjoy a great activity, and participate in Jewish community activities. For example, this year we had dine-outs and a visit to a museum. We also attended Jewish community events such as the Jewish Nevada International Film Festival and the Jewish Art Show.

November 23rd at 5:00 PM, we will have a dine out at Dona Maria Tamales (3205 N Tenaya Way.) For the menu click here:

<https://donamariatamales.com/wp-content/uploads/Tenaya-Online.pdf>

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On December 17 at 6:00 PM, we will have our annual Hanukkah Potluck and White Elephant Gift Exchange at Helene's house.

POTLUCK:

Bring an appetizer, main course, side dish, or dessert for about six to eight people. I'll supply soft drinks, water and Crystal light lemonade. If you prefer wine or beer feel free to bring your own. When you RSVP, please let me know what you plan to bring. As items come in, I'll comprise a list as a guide to see what's still needed.

WHITE ELEPHANT GIFT EXCHANGE:

Bring a wrapped gift for around \$10-15 in value (no casino items). For more information on how

a White Elephant Gift Exchange works use this link: <https://www.whiteelephantrules.com>

To RSVP for either event, please send an email message to BKBSingles@gmail.com.

I look forward to see you at our upcoming events.

Oneg Shabbat Sponsors

Marla Goldberg celebrating the 45th Anniversary of her Bat Mitzvah

Michael Stein celebrating his 85th Birthday

Ivy Goldman celebrating Ed Mathew's Birthday

Kathy & Ronnie Mayer celebrating Kathy's 70th Birthday

Marsha & Larry Kaufman celebrating Larry's 80th Birthday

Tim Cooper just celebrating everyone

Gladys London celebrating her 79th Birthday

Barbara Nichols celebrating everybody's Birthdays

Arlene & William Golub celebrating Arlene's 88th Birthday

Marla Goldberg celebrating her 58th Birthday

Elayne Tessler celebrating her 94th Birthday

Rita Kroll celebrating her Birthday

Judith Katzin celebrating her 79th Birthday



Yahrzeit Contributions

Sheila Cohan, (860) 478-1246, sheila0424@gmail.com



IN MEMORY OF	REMEMBERED BY
Samuel Berenbaum	Sandra Berenbaum
Bertha Berenbaum	Sandra Berenbaum
Eva Geller	Sandra Berenbaum
Frank Geller	Sandra Berenbaum
Max Berenbaum	Sandra Berenbaum
Rose Erlich	Phyllis Eisenberg-Helfer
Lawrence Fefferman	Michael Fefferman
Ben Spanier	Cynthia Feiner
Irwin Feiner	Cynthia Feiner
Sander Friedman	Edie Friedman
Dana Mihalko	Arlene Gold
Jack Emmer	Arlene Gold
Joe Gold	Arlene Gold
Isaac Cy Cohen	Linda Goldberg
Sheldon Goldstein	Bonnie Goldstein
Hyman Rudoff	Marilyn Hendel
Sarah Minikes	Norma Lawrence
Florence Lipschitz	Norma Lawrence
Harvey Lawrence	Norma Lawrence

IN MEMORY OF	REMEMBERED BY
Samuel Minikes	Norma Lawrence
Minnie Mathews	Edwin Mathews
Rhoda Mattes	Pauline Mattes
Caitlin Mattes	Pauline Mattes
Yonaton Schultz	Frankie Meppen
Elsie Meppen	Frankie Meppen
Mina Nadel	Dahlia Premack
Jack Greenfield	Gayle Ratner
Louis Oser	Phyllis Resnik
Richard (Dick) Schweitzer	Sue Schweitzer
Rhonda Shaw Webber	Adrienne Shaw Rubin
Rhea Charney	Adrienne Shaw Rubin
Seymour Stouber	Phyllis Stouber
Adele Portugal	Joan Wiener
Anne Goldberg	Shirley Wigdor
Harold Goldberg	Shirley Wigdor
David Yohay	Steve Yohay
Ruth Yohay	Steve Yohay
Alan Fenton	Vickie Yohay



May their memory be for a blessing

Our Deepest Sympathy

Sadly we announce the passing of:

CYNTHIA FEINER
Long Time BKB Member

MURRAY WAKS
Long Time BKB Member

MINO VATURI
Long Time BKB Member

May Their Memory Serve as a Blessing



Tributes

Eunice Shafer, (702) 823-1474, euniceshafer8@gmail.com

IN SYMPATHY

TO:

Jill Vargas and Family
Judy Koransky
Judy Koransky
Alan Koransky
Alan Koransky

FOR:

Mother Loretta Greenwald
Husband
Husband
Brother
Brother

FROM:

Alex & Lilo Kuechel
Vickie & Steve Yohay
Joyce Contarsy
Vickie & Steve Yohay
Joyce Contarsy

HAPPY ANNIVERSARY

TO:

Phyllis & Kenneth Resnick

FROM:

Edith Einhorn

GET WELL

TO:

Leon Angel

FROM:

Arlene Gold

HAPPY BIRTHDAY

TO:

Annette Bonder
Adrienne Shaw Rubin
Edith Einhorn
Lawrence Kaufman
Nadine Carter
Marla Goldberg
Elayne Tesler

FROM:

Edith Einhorn
Judy Auerbach
Judy Auerbach
Sheila Cohan
Sheila Cohan
Sheila Cohan
Sheila Cohan

Birthdays



- | | | |
|--------------------------|-------------------------|--------------------------------|
| 11/1 Lonnie Wagman | 11/25 Linda Goldberg | |
| 11/1 Larry Miller | 11/27 Barbara Holland | |
| 11/4 Phyllis Selman | 11/27 Stephanie Droker | |
| 11/7 Brenda Izen | 11/27 Sheldon Rosenberg | 12/9 Nathan Ohlendorf |
| 11/9 A. Stephen Lemansky | 11/29 Arlene Rubin | 12/11 Adrienne Shaw Rubin |
| 11/12 Mervyn Fleisher | 11/30 David Droker | 12/12 Joan Wiener |
| 11/17 Marilyn Hendel | 12/3 Sandra Ribons | 12/19 Robin Gold |
| 11/20 Joni Gary | 12/4 Gail Weiss | 12/21 Linda White |
| 11/21 Jay Shultz | 12/4 Sue Schweitzer | 12/21 Norma Lawrence |
| 11/21 Kenneth Prager | 12/5 Hershel Aron | 12/22 Nancy Goldberg |
| 11/24 Alice Huie-Stein | 12/6 Albert Lobe | 12/25 Phyllis Eisenberg-Helfer |
| 11/24 Linda Cofsky | 12/8 Katherine Singerl | 12/27 Karen Veerbeek |

Anniversaries



- | | |
|---|-----------------------------------|
| 11/10 Lawrence & Marsha Kaufman | 11/28 Leon & Judith Angel |
| 11/11 Stuart & Deborah Katz | 12/5 Gerald & Susan Salzman |
| 11/16 Russell & Francine (Frankie) Meppen | 12/15 Joel & Linda Goldberg |
| 11/21 Ronny & Kathy Mayer | 12/25 Barry Rosen & Janet Goldman |

Things to do at and for BKB

We have had a great response this year for members submitting donations online at the BKB website. If you would like to donate using our online process, please visit: bkblv.org. On the Home page, click "Get Involved – Donation Opportunities." Under each option; Oneg Shabbat, Jewish National Fund, Tribute Cards, Yahrzeit and General Temple Donations, click **DONATE NOW** and complete the online payment form.

Yahrzeits

BKB maintains a calendar of the anniversaries of the death of your loved ones. In advance of that anniversary, we send out a reminder with the date of their service when that name will be read. If you wish to add a loved one, please call Sheila Cohan at: (860) 478-1246. You may also email her at: sheila0424@gmail.com. Send Sheila the first and last name of the person, his/her relationship to you and the date you wish to remember. Indicate if you want to remember the Hebrew date or the English date. It is also a tradition to honor the memory of the deceased by donating *tzedakah*, (a minimum amount of \$18 is being requested).



Tribute Cards

Remember friends and family with Tribute Cards while helping BKB. We have tribute cards for all occasions: Anniversary, Birthday, Get Well, Mazel Tov and Sympathy. Contact Eunice Shafer at (702) 823-1474, email: euniceshafer@gmail.com or 2229 Hot Oak Ridge St., Las Vegas, NV 89134.



Jewish National Fund

To Plant Trees in Israel through the Jewish National Fund, please call Marilyn Hirsch at (702) 243-9484. The cost is \$18.00 for each tree. Make checks payable to BKB. Trees can be planted for happy occasions as well as for sympathy.



Bereavement

After a BKB member passes away, our Sisterhood assists the family after the funeral by ordering and/or serving a sweet tray. If you need help with any of this, please call Gayle Ratner at (518) 645-1703.

ADVERTISING and MESSAGES

FOR ADDITIONAL INFORMATION ON AD-BLOCK SIZING

AND PRICING, CLICK HERE:

<https://www.bkblv.org/meet-our-community/newsletter/>

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Executive VP	Jay Shultz	702-550-3197
Membership VP	Edith Einhorn	702-838-7267
Ritual VP	David Altman	702-513-9928
Treasurer	Gladys London	702-497-7984
Secretary	Larry Kaufman	702-802-2008

**Bet Knesset Bamidbar
of Sun City
PO Box 33503
Las Vegas, NV 89133-3503**

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2025 BOARD OF DIRECTORS

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Sheila Cohan	Lonnie Wagman
Ivy Goldman	Gail Weiss
Alan Rosenberg	Barbara Holland

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Adrienne Shaw-Rubin

SISTERHOOD PRESIDENT

Vicki Socol 818-399-7748

MEN'S CLUB PRESIDENT

David Kandel 949-697-8162

TEMPLE PROFESSIONALS

Moreh Alan Spector	847-558-5423
Cantor Marla Goldberg	702-994-1367
Musical Director Tim Cooper	702-461-8290

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Barbara Rosenberg*	Sydell Miller
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Mark Rosenfeld	Lou Pokat*
René Colen	Arlene Goodman
Bob Schulman	Syd Kliffer*
Shel Kolner	Phil Nevins*
Al Fiel*	Carl Friedman*
Bob Mirisch	<i>*Deceased</i>

2025 COMMITTEES

Bereavement	Arlene Goodman	702-228-6362
Choir	Vicki Socol	818-399-7748
JNF (Trees)	Marilyn Hirsch	702-243-9484
Newsletter	Gail Weiss	702-355-6220 <i>gmweiss5@gmail.com</i>
Oneg Shabbat	Arlene Gold	702-219-0294
Tributes	Eunice Shafer	702-823-1474
Website/eMail	Gail Weiss	702-355-6220 <i>gmweiss5@gmail.com</i>
Yahrzeit	Sheila Cohan	860-478-1246
Singles	Helene Orenstein	702-763-4117 <i>BKBSingles@gmail.com</i>

ANNUAL DUES FOR 2025

Single: \$110 Couple: \$215

How To Contact Us...

PO Box 33503, Las Vegas, NV 89133
702-389-6929 ☆ bkblvtemple@gmail.com
www.bkblv.org

**BKB Shabbat Services are held at 6:30 pm
Every 2nd and 4th Friday of the month at:
Sun City Desert Vista Community Center
10360 Sun City Boulevard
(corner of Thomas Ryan and Sun City Boulevard)**